

BURRITOS OR BOWLS

Original: 6.99 Small: 5.99

Fresh rolled flour tortilla *or* bowl stuffed with your choice of ingredients from our "Create Your Own" menu *or* choose from our *Signature Suggestions* below...

SIGNATURE SUGGESTIONS

Begin with your choice of protein...

Grilled Chicken Breast Dark Chicken Tofu
Pulled Pork Shredded Beef Steak (+ \$1.00)

Combine with signature suggestion...

Killington Veranda

Mango Salsa, Cheese, Black Beans, Rice

Pico Teriyaki

Caramelized Onions, Broccoli, Carrots, and Brown Rice, in a Sweet Teriyaki Sauce

Stratton Buffalo

Blue Cheese Dressing, Celery, and Rice, in a Spicy Buffalo Sauce

Sugarbush BBQ

Country Coleslaw, Pinto Beans, Rice, and Sweet Barbeque Sauce

Classic Mexican Raider

Pico de Gallo Salsa, Cilantro, Pinto Beans, Cheddar/Jack Cheese, and Rice

Cajun Green Wave

Sweet Corn Salsa, Sour Cream, Black Beans, Rice, and Cajun Spices

****Stir-fry available
... just ask!***

"CREATE YOUR OWN"

Burritos, Bowls, Wraps or Salads...

Create, add, or substitute from the following:

STEP #1 Choose your base:

Flour Whole Wheat Gluten Free

STEP #2 Fill it:

Monterey Jack/ Cheddar Cheese
White Rice Brown Rice
Black Beans Pinto Beans

STEP #3 Choose your protein:

Grilled Chicken Breast Dark Chicken Tofu
Pulled Pork Shredded Beef Steak (+ \$1.00)

STEP #4 Add tasty options:

Tomatillo Salsa (med) Pico de Gallo (med)
Tomato Salsa (mild) Habanero Salsa (hot)
Corn Salsa (mild) Café Verde Salsa (hot)
Mango Salsa (mild/sweet)

Sweet BBQ Sauce Teriyaki Sauce
Cajun Spice Spicy Buffalo Sauce

STEP #5 Top it off:

Veggies

Tomatoes Cucumbers Broccoli Red
Onions Celery Carrots Black Olives
Jalapeños Cilantro Caramelized Onions
Sautéed Peppers & Onions

Dressings / Dairy

Balsamic Vinaigrette Caesar Dressing
Blue Cheese Dressing Country Coleslaw
Balsamic Vinegar Extra Virgin Olive Oil
Feta Cheese Sour Cream Mayonnaise
Yellow Mustard Spicy Mustard

...Extras

Additional Protein 1.00
Bacon 1.00
Guacamole / Sliced Avocado 1.00

QUESADILLAS

Original: 6.99 Small: 5.99

Fresh flour tortilla filled with cheese, your choice of protein, salsa and a side of sour cream

TACOS TOO

Each: 3.29 or two for 5.99

An open 6" soft tortilla or hard shell filled with cheese, your choice of protein, salsa, lettuce and sour cream

NACHOS (bowl)

Chips & melted cheese 2.99

"Piggy Chips" (chips smothered in cheese, pulled pork, BBQ sauce & jalapeños) 5.99

Chips, melted cheese, with your choice of salsa and protein 5.99

Chips, cheese, rice, beans, protein, salsa 6.99

Homemade Tortilla Pie

By the slice: 4.29 Whole pie: 21.95

Layered grilled chicken, cheese, black beans, and pico de gallo

SIDES

Guacamole 4oz. 1.99
Guacamole 8oz. 3.99
Sour Cream 4oz. .99
Tortilla Chips (small) .99
Tortilla Chips (large) 3.99
Salsa *or* Pico de Gallo 4oz. 1.50
Chips w/ Pico de Gallo *or* Salsa 2.49
Rice (White or Brown 8oz.) 1.99
Beans (Black or Pinto 8oz.) 1.99
Country Coleslaw 8oz. 1.99

**CATERING AVAILABLE
...please ask!**

WRAPS Original: 6.99 Small: 5.99

"Create Your Own" or try one of the following...

Chicken Caesar Wrap

Grilled Chicken Breast, Romaine Lettuce, Feta Cheese, Caesar Dressing, and Croutons

Veggie Tortilla Wrap

Monterey Jack Cheese, Cheddar Cheese, Black Beans, Tomatoes, Cucumber, Carrots, Romaine Lettuce and Balsamic Vinaigrette

Carnitas Cafe Wrap

Pulled Pork, Monterey Jack / Cheddar Cheese, Romaine Lettuce, and Pico de Gallo

BOWLS or SALADS One size: 6.99

"Create Your Own" or try one of the following...

Vermont Caesar Salad

Grilled Chicken, Romaine Lettuce, Monterey Jack/ Cheddar Cheese, Croutons, Caesar Dressing

Spicy Cajun BLT Salad

Bacon, Romaine Lettuce, Tomatoes, Blue Cheese Dressing, Cajun Spice

Carnitas Salad

Pulled Pork, Romaine Lettuce, Pico de Gallo, and Guacamole

Cafe Cobb Salad

Grilled Chicken, Bacon, Tomatoes, Romaine Lettuce, Blue Cheese Dressing

Mediterranean Salad

Romaine Lettuce, Tomatoes, Pinto Beans, Olives, Feta, Onions, and Balsamic Vinaigrette

Cafe Garden Salad

Romaine Lettuce, Tomatoes, Cucumber, Carrots, Celery, Olives, Onions, Cheddar/ Jack Cheddar Cheese, Croutons, Balsamic

SMOOTHIES Original: 4.99 Small: 3.79

Strawbana – strawberries, banana, apple juice, orange juice, non-fat frozen yogurt

Nutella Shake – creamy Nutella, skim milk, non-fat frozen yogurt

Charlie Brown Shake – creamy peanut butter, banana, skim milk, non-fat frozen yogurt

Berry Blizzard – blueberries, banana, apple juice, raspberry sorbet

Mango Tango – mango, mango juice, non-fat frozen yogurt

Cranberry Harvest – cranberries, blueberries, apple juice, raspberry sorbet, non-fat frozen yogurt

Cookie Monster – chocolate chip cookie, skim milk, non-fat frozen yogurt

DRINKS

Soda, Juice, Snapple, Dasani Water		1.89
Poland Spring Water		1.69
Coffee	sm 1.29	lg 1.79
Iced Coffee	sm 1.79	lg 2.29

TREATS / DESSERTS

Cafe Cookie	.69 / 1.69
Woodstock Cookie Co. (assorted)	1.99
Blueberry Muffin	1.79
Glorious Morning Muffin	1.79

PARTY SUPPLIES

Large Bag of Chips	3.99
Salsa – 4 oz.	1.50
Guacamole – 8 oz.	2.99

**CATERING MENU
AVAILABLE
...just ask!**



**Made in house,
Quick, Healthy & Fresh!**

**Burritos, Wraps,
Salads, Smoothies,
Daily Specials**

802-772-7033

**136 Strongs Ave.,
Rutland, VT 05701**

www.CafeVerdeToday.com

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Lunch – Dinner



Mon-Sat 11am-7pm

Sun 11am-3pm

Winter 2015