

Sides

Mozzarella Sticks **6.95**
Served with a side of marinara

Sal's Garlic Bread **3.50**
w/mozzarella, side of marinara **4.95**
w/pesto and mozzarella **5.50**

Soup du jour cup **2.95**
bowl **5.50**

Salads

Salad dressings: Our popular house creamy italian, blue cheese, parmesan peppercorn, russian, oil and vinegar, fat-free raspberry vinaigrette

Tossed Garden Salad **3.50**
Fresh romaine and iceberg lettuce, cabbage, cucumber, and tomato

Caesar Salad **7.95**
with chicken **9.95**
A large fresh romaine salad in a creamy caesar tossed with crotons and pecorino romano cheese

Sal's Antipasti **9.95**
A large fresh green salad with ham, pepperoni, salami, olives, provolone, tomato, cucumber, and pickled vegetables. Anchovies on request.

Chef Salad **9.95**
Mixed greens with turkey, ham, cucumber, tomato, provolone, swiss, green pepper, black olives, onions, and mushrooms.

Sandwiches

Sandwiches are made on Rutland's famous Baba-a-Louis French bread and served with a bag of chips

Meatball Parmigiana **6.95**
Meatballs covered with marinara and melted mozzarella

Sausage Parmigiana **6.95**
Sweet sausage covered with marinara and melted mozzarella

Chicken Parmigiana **7.50**
Lightly breaded fresh chicken breast topped with melted mozzarella

Eggplant Parmigiana **6.95**
Our own special recipe

Ham and Cheese **6.95**
Virginia baked ham, lettuce, tomatoes and swiss or provolone (served hot or cold)

Turkey Breast **6.95**
Sliced thin with provolone, lettuce and tomato (served hot or cold)

Reuben **8.95**
Corned beef piled high on rye bread, covered with sauerkraut, swiss cheese, and russian dressing and baked to perfection!

Roast Beef **6.95**
Thin sliced beef with provolone or swiss cheese, lettuce, tomato, mayonnaise (served hot or cold)

Philly Steak **7.50**
Sauteed shaved beef covered in provolone and mozzarella

Entrees

Includes a fresh garden salad or a cup of soup and
Rutland's famous Baba-a-Louis french bread

*Salad dressings: Our popular house creamy italian, blue cheese,
parmesan peppercorn, russian, oil and vinegar,
fat-free raspberry vinaigrette*

Chicken Parmigiana **8.95**

Lightly breaded chicken covered with mozzarella
and baked to perfection, served with a side of
spaghetti marinara

Eggplant Parmigiana **7.95**

Homemade eggplant lightly breaded and baked,
served with a side of spaghetti marinara

Fettuccini Alfredo **7.95**

Our own recipe for a creamy sauce tossed to
perfection

with broccoli **8.95**

with chicken **9.95**

Cheese Lasagna **7.50**

Layers of flat pasta, cheese, and sauce baked
together for a classic Italian dish

with meat **8.95**

Shrimp Parmigiana **9.95**

Jumbo shrimp done only as Sal's can do it, served
with a side of spaghetti marinara

Shrimp Scampi **9.95**

Jumbo shrimp sauteed in butter, garlic, parsley
and topped with bread crumbs, served with a side
of spaghetti marinara

Spaghetti Marinara **6.95**

with meatballs or sausage **7.95**

Pizza

We've been making them with our own fresh dough
for over 25 years. A Sal's tradition.

	Small	Large
Cheese	6.95	9.95
each additional item	1.25	1.75

*Extra cheese, pepperoni, sausage, ham, bacon, meatball,
spinach, black olives, green pepper, anchovies, fresh garlic,
mushroom, onion, eggplant, broccoli, pineapple*

Veggie Classic	9.50	14.00
green pepper, onion and mushroom		

The Works	11.00	17.00
pepperoni, sausage, meatball, green pepper, onion, mushroom, black olives		

E.B.T.K.S.	12.00	18.00
Everything but the kitchen sink. The works plus hot peppers, ham and anchovies		

The Meat Boy	11.00	17.50
Sausage, pepperoni, meatball, ham, bacon		

Calzone

A fresh dough turnover stuffed with a homemade mix
of ricotta, mozzarella, provolone, parmesan and
pecorino romano cheese and spices. Served with a
side of our marinara sauce.

Cheese filled	7.50
each additional item	.75

Drinks

Soda	1.25	1.50
<i>Pepsi, Diet Pepsi, Sierra Mist, ginger ale</i>		
Saranac Rootbeer (bottle)		2.00
Pellegrino ½ liter		2.50
Cranberry juice		2.00
Lemonade, unsweetened iced tea	1.25	1.50
Coffee, tea		2.00
Milk, Chocolate milk	1.50	2.00