

## **Appetizers**

**Sal's Garlic Bread 3.50**                      **with cheese and marinara 4.95**                      **with pesto 5.50**

### **Eggplant Rolletti 7.50**

Eggplant rolled and stuffed with our own four cheese ricotta mix and layered with vegetables

### **Fried Mushroom Parmigiana 7.50**

A delicious baked casserole of lightly breaded mushrooms topped with marinara and melted mozzarella

### **Tortellini Alfredo 8.95**

Tri-colored tortellini smothered in Sal's alfredo sauce

### **Fettuccini Alfredo 7.95**

Sal's own recipe made with fresh Vermont cream

### **Mozzarella Sticks 6.95**

Six mozzarella sticks served with a side of marinara

## **Salads**

*Salad dressings: our popular house Creamy Italian, Blue Cheese, Parmesan Peppercorn, Russian, Oil and Vinegar, and fat-free Raspberry Vinaigrette*

### **Tossed Garden Salad 3.50**

### **Chef Salad 9.95**

A large romaine salad tossed in a creamy caesar dressing with croutons and pecorino romano cheese

### **Caeser Salad 7.95    with Chicken 9.95**

A large romaine salad tossed in a creamy caesar dressing with croutons and pecorino romano cheese

### **Sal's Antipasti 9.95**

Fresh salad greens with ham, salami, olives, pepperoni, provolone, tomatoes, cucumbers, and pickled vegetables. Anchovies available on request.

## Entrees

All dinners are prepared to order. Good food takes time!  
Entrees include a fresh garden salad, or soup, and Rutland's Baba Louis bread.

*Salad dressings: our popular house Creamy Italian, Blue Cheese, Parmesan Peppercorn, Russian, Oil and Vinegar, and fat-free Raspberry Vinaigrette*

**Spaghetti 9.95      with homemade meatballs or sweet sausage 11.95**

**Spaghetti with Mushroom Sauce 12.95**

Fresh mushrooms sautéed in olive oil and marinara

**Spaghetti with Red Garlic Sauce 12.95**

Our homemade marinara with plenty of fresh garlic

**Linguini and Broccoli 13.50**

Broccoli sautéed with olive oil, fresh garlic, and a blend of spices

**Spaghetti alla Sal's 14.95**

A popular sauté of olive oil, fresh garlic, plum tomatoes, black olives, and broccoli

**Lasagna 9.95      with Meat 12.50      with Vegetables 12.50**

Layers of flat pasta, cheese, and marinara baked together for a classic Italian dish

**Homemade Stuffed Shells 9.95      with homemade meatballs or sweet sausage 11.95**

Large cheese filled shells, baked with mozzarella and marinara

**Baked Ziti 11.95      with homemade meatballs or sweet sausage 13.50**

A nice ziti casserole with our own ricotta cheese mix

**Eggplant Parmigiana 12.50**

Fresh eggplant lightly breaded and baked. Served with a side of spaghetti marinara

**Penne with Creamy Tomato 12.95**

**with chicken 15.95    with shrimp 18.50**

Penne tossed in a creamy tomato sauce. A Sal's favorite!

**Homemade Manicotti 9.95 with homemade meatballs or sweet sausage 11.95**

Cheese filled pasta covered with marinara and mozzarella and baked to perfection

**Chicken Parmigiana 13.50**

Lightly breaded chicken covered with mozzarella and baked to perfection.  
Served with a side of spaghetti marinara

**Chicken Scallopini 15.95**

Lightly floured medallions of chicken sautéed in butter, lemon, wine, and mushrooms served over spaghetti or with a side of spaghetti marinara

**Fettuccini Alfredo 10.95 with chicken and broccoli 14.95  
with scallops 18.95 with shrimp 18.95**

Our own alfredo recipe made with fresh Vermont cream and tossed to perfection

**Veal Parmigiana 17.50**

Freshly pounded veal covered with mozzarella and baked.  
Served with a side of spaghetti marinara

**Veal Scallopini 18.50**

Lightly floured medallions of veal, sautéed in butter, with wine, lemon and mushrooms.  
Served over spaghetti or with a side of spaghetti marinara

**Linguine with White or Red Clam Sauce 14.50**

Tender clams simmered in a white or red sauce of olive oil and fresh garlic

**Shrimp and Scallops in a Spicy Red Clam Sauce 18.95**

A Sal's signature dish!

**Shrimp Fra Diavolo 17.95**

Shrimp simmered in spicy red garlic sauce, served over spaghetti

**Shrimp Parmigiana 16.95**

Shrimp prepared only as Sal's can do it, served with a side of spaghetti marinara

**Shrimp Scampi 18.50**

Shrimp sautéed in lemon butter and fresh garlic, topped with bread crumbs.  
Served over spaghetti, or with a side of spaghetti marinara

For entrees that include a side of spaghetti marinara... red garlic sauce, olive oil and garlic, fettuccini alfredo, or white clam sauce can be substituted for an additional \$4.50

*Consuming raw meats, poultry, shellfish, or seafood may increase the risk of food borne illness, especially if you have certain medical conditions.*

## Sal's Famous Pizza for over 35 years!

With a great homemade crust made with a touch of whole wheat flour

	<u>Small 10"</u>	<u>Large 14"</u>
<b>Cheese</b>	<b>6.95</b>	<b>9.95</b>
<b>Additional Toppings</b>	<b>1.25</b>	<b>1.75</b>
Pepperoni, extra cheese, sausage, ham, meatball, bacon, spinach, black olives, green pepper, anchovies, fresh garlic, mushroom, onion, eggplant, broccoli		
<b>Veggie Classic</b>	<b>9.50</b>	<b>14.00</b>
Green peppers, onions, and mushrooms		
<b>The Meat Boy</b>	<b>11.00</b>	<b>17.50</b>
Sausage, pepperoni, meatballs, ham, and bacon		
<b>The Works</b>	<b>11.00</b>	<b>17.00</b>
Pepperoni, sausage, meatball, green pepper, onion, mushrooms and black olives		
<b>E.B.T.K.S.</b>	<b>12.00</b>	<b>18.00</b>
Everything But The Kitchen Sink (The Works PLUS hot peppers, ham, and anchovies)		

### Gourmet Pizza

	<u>Small 10"</u>	<u>Large 14"</u>
<b>Pesto</b>	<b>11.00</b>	<b>17.50</b>
A white pizza with pesto and topped with black olives OR fresh tomatoes		
<b>Bianco</b>	<b>15.00</b>	<b>20.00</b>
A white pizza with plenty of fresh garlic and shrimp		
<b>Lotta Ricotta</b>	<b>12.00</b>	<b>16.00</b>
Mozzarella, our own ricotta mix, broccoli, and fresh garlic		
<b>Mediterranean</b>	<b>12.00</b>	<b>17.00</b>
Spinach, black olives, broccoli, fresh tomatoes and garlic		
<b>Buffalo Chicken</b>	<b>11.00</b>	<b>16.00</b>
Mozzarella, buffalo chicken, bacon, and buffalo sauce		

### Calzone

A fresh dough turnover stuffed with a homemade mix of ricotta, mozzarella, provolone, parmesan, and pecorino romano cheese and spices. Served with a side of our marinara sauce.

**Cheese filled 7.50**                      **each additional topping .75**

## **Sandwiches**

Sandwiches are made on Rutland's famous Baba Louis bread and served with chips.

### **Eggplant Parmigiana 7.50**

Our own special recipe

### **Meatball Parmigiana 7.50**

Meatballs covered with marinara and melted mozzarella

### **Sausage Parmigiana 7.50**

Sweet sausage covered with marinara and melted mozzarella

### **Veal Parmigiana 8.95**

Freshly pounded veal covered with marinara and melted mozzarella

### **Chicken Parmigiana 7.95**

Lightly breaded fresh chicken breast topped with melted mozzarella

## **Sides and Extras**

Soup du jour **Cup 2.95 Bowl 5.50**

Loaf of Baba Louis Bread **1.50**

Side of sausage or meatballs with marinara **3.50**

Extra cup of marinara **1.50**

## **Drinks**

Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale small **1.25** large **1.50**

Saranac Rootbeer (bottle) **2.00**

Lemonade, Unsweetened Iced Tea small **1.25** large **1.50**

Pellegrino Sparkling Water **2.50**

Cranberry Juice **2.00**

Coffee, Tea or Hot Chocolate **2.00**

Milk / Chocolate Milk small **1.50** large **2.00**

## **Dessert**

**Ask your server for today's selection of locally made desserts.**

**Take one home if you can't finish it here!**

Chocolate Mousse Grand Marnier Cake (our top seller)

White Chocolate Tiramisu

Cheesecake of the day

Reeses Peanut Butter Pie

Mocha Mud Pie

**5.50**